Level 1

## Doing



Think of the different environments in which you can help me make, cause or control sounds

Remember that the sounds I make will seem different to me depending where I am



## Music for the Brain



- If it's possible for me to lie back in the hydrotherapy pool with my ears in the water, then any vocal sounds I make will sound louder than usual
- A really quiet environment (such as the multisensory room, with nothing turned on) may help me concentrate on any sounds that I do make
- Use technology that can mimic different environments by adding reverberation to my sounds
- Think of large places that echo (halls, long corridors or places of worship, for example)
- See if I'm more inclined to make sounds outside near buildings that bounce my sounds back to me
- If you can get me there, you could even try the great outside (in a field or on top of a hill, for example)